

## Nom Nom Colors

Pause at the indicated time stamps and discuss the book.

1:28

Which **red** food is your favorite?

2:05

Which **orange** food is your favorite?

3:00

Which **yellow** food is your favorite?

3:55

Which **green** food is your favorite?

4:39

Which **blue** food is your favorite? Which **purple** food is your favorite?

5:03

Which **white** food is your favorite?

5:39

Which **black** food is your favorite?

6:24

Which **brown** food is your favorite?

### After viewing the book:

1. What is the most fun fact you learned about food and colors?
2. What is your favorite food? What color is it? What is your favorite color? What is a food that is that color?
3. There are several times in the book that words are used creatively (e.g. I *mint* to tell you). Make a list of these words and then create a list of your own. Have a family conversation using words creatively.
4. Make a chart of the foods you eat for a week and write the color of the food next to it.